

FSA Psychology Service Fees

Effective 1 July 2026

FSA Psychology is committed to making psychological support as accessible as possible. We strive to ensure that cost does not become a barrier to receiving support.

As FSA Psychology does not receive ongoing external funding, our fees support the continued delivery of safe, high-quality psychological services and reflect the costs associated with providing care.

Our standard consultation fees remain below the Australian Psychological Society's suggested fee of **\$330 for a standard 46-60 minute consultation**.

Concession fees are available to eligible consumers who hold a valid concession card accepted by FSA Psychology. If you are experiencing significant financial hardship, please speak with us before your appointment so that we can discuss the options that may be available.

Fees and rebate amounts are current from 1 July 2026 and may be subject to change.

Registered Psychologist Fees

Service	Standard fee	Concession fee	Medicare rebate*
Standard consultation – 50 minutes	\$205.00	\$150.00	\$101.55
Offsite consultation – 50 minutes	\$205.00 plus travel	\$150.00 plus travel	\$127.50**

Clinical Psychologist Fees

Service	Standard fee	Concession fee	Medicare rebate*
Standard Consultation - 50 minutes	\$250.00	\$182.90	\$149.05
Offsite Consultation - 50 minutes	\$250.00 plus travel	\$182.90 plus travel	\$174.35**

Medicare information

* Medicare rebates may be available to eligible consumers with a valid referral under a Mental Health Treatment Plan or another eligible Medicare referral pathway.

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The rebate received will depend on:

- the service provided and Medicare item claimed;
- the consumer's eligibility;
- the type of referral provided; and
- the consumer's remaining Medicare-funded services for the calendar year.

** The offsite Medicare rebate shown applies only where the consultation meets the Medicare requirements for a service provided at a place other than consulting rooms. Where these requirements are not met, the standard consultation rebate, a different rebate or no rebate may apply.

Travel fees are separate from the consultation fee and are not eligible for a Medicare rebate.

Provisional Psychologist Fees

Service	Fee	Medicare rebate
Standard Consultation – 50 minutes	\$110.00	Not available
Offsite Consultation – 50 minutes	\$110.00 plus travel	Not available
Travel fee per consultation	\$60.50 including GST	Not available

Medicare rebates are not available for services provided by a provisional psychologist.

To support affordability, provisional psychologist consultations are priced below our registered psychologist fees. Concession rates therefore do not apply to provisional psychologist services.

NDIS-Funded Services

Service	Fee
Direct consultation or telehealth service – 60 minutes	\$252.99
Offsite consultation – 60 minutes	\$252.99 plus provider travel
Approved non-face-to-face support or report writing	\$252.99 per hour
Provider travel time	\$126.50 per hour

FSA Psychology provides services to **self-managed and plan-managed NDIS participants**. FSA Psychology is not a NDIS registered provider and is therefore unable to provide services to participants whose relevant funding is NDIA-managed.

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Provider travel is charged according to the actual travel time required and is subject to the applicable NDIS travel limits and the participant's service agreement. Where permitted, agreed non-labour travel costs, such as parking or road tolls, may also apply.

Non-face-to-face activities and report writing will only be charged where they:

- are directly related to the participant's support;
- are permitted under current NDIS requirements;
- have been agreed with the participant; and
- are documented in the participant's service agreement.

NDIS prices may be updated following changes to the NDIS Pricing Schedule. Any proposed change to an existing service agreement will be discussed with the participant before the new price is applied.

Couples Therapy

Service	Standard fee	Concession fee
Initial consultation - 90 minutes	\$357.50	\$261.50
Standard consultation - 60 minutes	\$205.00	\$150.00

Medicare

Medicare rebates are not available for couples therapy.

Private health insurance

Consumers may contact their health fund before booking to confirm whether their policy provides any benefit and what documentation is required.

Psychological Assessment Fees

Assessment	Fee
Autism assessment, including cognitive assessment	\$2,960.00
ADHD assessment, including cognitive assessment	\$1,850.00
Cognitive assessment using the WISC, WAIS or WPPSI	\$1,480.00
Intellectual disability assessment	\$1,850.00

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Comprehensive autism and ADHD assessment	\$3,145.00
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Payment plans are available for psychological assessments. Please speak with our Client Care Support team to discuss the available arrangements.

Medicare and Other Funding

Any potential Medicare or other funding eligibility will be discussed with you before the assessment commences. A Mental Health Treatment Plan does not generally provide a rebate for the full cost of psychological assessments. Limited Medicare rebates may be available through specific assessment pathways where the relevant eligibility and referral requirements are met.

Group Programs

Program	Fee
Westmead Feelings Program 1 and 2	Confirmed before enrolment based on group size and funding arrangement
LEGO® -Based Group Therapy	Confirmed before enrolment based on group size and funding arrangement
OCD Busters	\$60.00 per session, per participant

NDIS-funded group participation

Westmead Feelings Program and LEGO®-Based Group Therapy may be accessed using self-managed or plan-managed NDIS funding where the program relates to the participant's disability support needs and is consistent with their plan.

In accordance with NDIS group-pricing requirements, the applicable psychologist hourly rate is divided equally among the participants receiving the group support.

An additional 30 minutes of agreed clinical preparation and participant-specific non-face-to-face work per session is divided equally among participants in the Westmead Feelings Program and LEGO®-Based Group Therapy. These charges will only apply where the work is directly related to the participants' supports, permitted under current NDIS requirements and agreed before the program commences.

All NDIS group charges will be explained before enrolment and recorded in the participant's service agreement.

Medicare rebates for group programs

Some group programs may be eligible for a Medicare rebate where all relevant requirements are met, including:

- an eligible referral;
- an appropriate Medicare group-treatment item;
- an eligible treating psychologist;
- the required group size; and
- the consumer's remaining Medicare-funded group services.

Medicare eligibility is not guaranteed and should be confirmed with the group facilitator or Client Care Support team before the program begins.

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Further Information

For further information about our fees, rebates, payment arrangements or funding options, please contact our Client Care Support team:

Phone: 1800 372 000 - Option 2

Email: fsapsychology@familyservices.org.au

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