

# Psychological Therapies



Offering no cost psychological support to people 14 years or over living in the Toowoomba, Lockyer Valley, and Somerset regions.

All referrals received will be assessed by our skilled team of multidisciplinary clinicians to determine suitability. Face-to-face, outreach, and telehealth services available.

Referrals can be made by GPs, Psychiatrists, or Paediatricians through referHEALTH or by using the referral form on our website:

**[fsahealthwellbeing.org.au/qldpsychtherapy](https://fsahealthwellbeing.org.au/qldpsychtherapy)**.



**Family Services**  
AUSTRALIA

P: 1800 372 000 (OPTION 2)

F: +61 2 4256 7399

E: [triage@familyservices.org.au](mailto:triage@familyservices.org.au)

THIS SERVICE IS SUPPORTED BY DARLING DOWNS AND WEST MORETON PHN