



Family Services AUSTRALIA
Health & Wellbeing

WESTMEAD *Feelings* PROGRAM

A PROGRAM SUPPORTING YOUNG PEOPLE TO DEVELOP SKILLS TO:

- UNDERSTAND EMOTIONS
- BUILD SOCIAL AWARENESS
- DEVELOP EMOTION REGULATION SKILLS

LET US KNOW IF YOU ARE:

- 6 - 12 YEARS OLD
- WANTING TO BUILD EMOTIONAL AND SOCIAL SKILLS
- OPEN TO MEETING NEW PEOPLE

OUR GROUP WILL RUN
ACROSS 3 SCHOOL
TERMS STARTING IN
TERM 1 2024

NDIS FUNDING CAN BE
UTILISED FOR THIS PROGRAM

FOR FURTHER INFORMATION ABOUT FEES
PLEASE GET IN TOUCH WITH FSA.

GROUND LEVEL OFFICE 136, STOCKLAND CIVIC PLAZA, 211 LAKE
ENTRANCE RD, SHELLHARBOUR CITY CENTRE NSW 2529

To Register please contact 1800 372 000 (option 2) or triage@familyservices.org.au