



Family Services AUSTRALIA
Health & Wellbeing

LEGO® Club

Family Services Australia is currently taking expressions of interest for our Term 4 LEGO based therapy group.

This is a 9 week program.
Running weekly from 3:30-5pm.
Dates will be announced soon pending participant availability

This group is suitable for young people aged 9-12 with an eligible self or plan managed NDIS package.

This is a neuroaffirming group that focuses on building skills such as turn taking and problem solving through collaborative play.

Scan the QR code to register on our website.
You can also contact us at groups@familyservices.org.au



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LEGO® Club

What is LEGO® Based Therapy?

LEGO Based Therapy is a neuro-affirming and child led intervention, that takes a play based approach to supporting children to develop their social communication skills. LEGO Based Therapy is an evidence based intervention developed by neuropsychologist Dr. Daniel LeGoff (Baron-Cohen, Simon, et al. 2014) with the aim of supporting children to develop skills such as turn taking and problem solving through collaborative play.

What does LEGO® Based Therapy look like?

Family Services Australia's LEGO club is run by registered psychologists and certified LEGO Based Therapy Facilitators. Each group will consist of 3 children and 1 facilitator. The sessions are organised into 2 sections, as outlined below:

Structured Play

The group works together to build a LEGO creation that aligns with the chosen theme that week. Each child will take a turn at the 3 roles during this build; the builder (constructing the bricks), the supplier (sorting and providing the bricks), and the engineer/architect (reading and providing the instructions).

Unstructured Play

Each session has an opportunity for the group take part in a freestyle build. This allows children to work collaboratively on a project of their own choosing, and supports social problem solving and communication skills building.



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What can LEGO Therapy assist with?

LEGO Based Therapy was designed to assist young people building social and communication skills and developing their problem solving skills. It can also assist with development of non-verbal communication skills, navigating group dynamics, building patience, and assisting with sequencing and planning.

Can my child join this group?

We are currently accepting expressions of interest for our Term 4 Group

LEGO based therapy is suitable for children who have difficulties with social and communication skills or would benefit from a group based therapeutic environment.

Location

LEGO® Based Therapy sessions will be held at Family Services House, located in Stockland Shellharbour. Our service can be most easily identified as the large glass building across from Centrelink.

Fees

Sessions will occur on a weekly basis and will cost \$116.50 per session. Eligible NDIS Self and Plan Managed participants are able to utilise NDIS funding for this program.

If you have any questions or would like to discuss this program further, please feel free to contact us at groups@familyservices.org.au or on 1800 372 000 (option 2).